Course	Description	Duration	Prerequisites
Introduction to Marksmanship (ITM)	The Introduction to Marksmanship Course enables cadets to acquire specialized skills and knowledge in marksmanship, facilitating their participation in zone and regional marksmanship competitions. It equips them to mentor junior cadets in marksmanship while advancing the skills learned in the program.	2 weeks	Training Year 2+
Air Rifle Marksmanship Instructor (ARMI)	The Air Rifle Marksmanship Instructor Course provides cadets an opportunity to further personal marksmanship knowledge and skills, and develop as a specialist with the skills and subject matter knowledge to perform the duties of an Air Rifle Marksmanship Instructor. Activities include marksmanship techniques, instructional techniques, and coaching. Cadets attending this course will also have an opportunity to progress in their marksmanship level qualification.	4 weeks	Training Year 3+

Introduction to Drill and Ceremonial (ITDC)	The Introduction to Drill and Ceremonial Course engages cadets with the chance to enhance their leadership abilities and deepen their knowledge and skills in drill and ceremonial practices acquired in the program.	2 weeks	Training Year 2+
Drill and Ceremonial Instructor Course (DCI)	The Drill and Ceremonial Instructor Course provides cadets an opportunity to develop as a specialist with the skills and subject matter knowledge to perform the duties of a Drill and Ceremonial Instructor. Activities include advanced drill, instructional techniques and leadership in the conducting of parades and ceremonies.	4 weeks	Training Year 3+
Introduction to Fitness and Sports (ITFS)	The Introduction to Fitness and Sports Course offers cadets a chance to refine skills acquired in the Corps/Squadron Program, aiding in fitness and sports training within the Corps/Squadron Program. Additionally, participants learn about embracing a healthy lifestyle.	2 weeks	Training Year 2+

Fitness and Sports Instructor Course (FSI)	The Fitness and Sports Instructor Course provides cadets an opportunity to further personal fitness and healthy living knowledge and skills, and develop as a specialist with the skills and subject matter knowledge to perform the duties of a Fitness and Sports Instructor. Activities include personal fitness, healthy living, conducting the Cadet Fitness Assessment, and leading physical activities.	4 weeks	Training Year 3+
Introduction to Military Band (ITMB)	The Introduction to Military Band Course allows cadets to continue honing their understanding and proficiency in music, drill, ceremonial practices, and leadership skills acquired through the corps/squadron program or regional activities.	2 weeks	Training Year 2+

Military Band Musician (MB)	The Military Band Musician Course provides cadets an opportunity to develop music skills to support participation in and / or leading corps/squadron military bands. Activities include music training and band activities such as music theory, music technique, band drill, leadership and performing ensemble music. Cadets attending this course will also have the opportunity to progress in their music proficiency level qualifications.	4 weeks	Training Year 3+
Introduction to Pipe Band (ITPB)	The Introduction to Pipe Band Course allows cadets to continue honing their understanding and proficiency in music, drill, ceremonial practices, and leadership skills acquired through the corps/squadron program or regional activities.	2 weeks	Training Year 2+

Pipe Band Musician	The Pipe Band Musician Course provides cadets an opportunity to develop music skills to support participation in and / or leading corps/squadron pipe bands. Activities include music training and band activities such as music theory, music technique, band drill, leadership and performing pipe band music. Cadets attending this course will also have the opportunity to progress in their music proficiency level qualifications.	4 weeks	Training Year 3+
Course	Description	Duration	Prerequistes
Aviation Technology and Aerospace (ATA)	The Aviation Technology and Aerospace Course offers cadets the chance to lay the groundwork in aerospace studies, airport operations, and the principles of aircraft manufacturing and maintenance. Activities within this program encompass exploring aerospace concepts, learning about aerodrome operations, and gaining insight into aircraft manufacturing and maintenance processes.	2 weeks	Training Year 2+

Advanced Aviation Course (AA)	The Advanced Aviation Course provides cadets an opportunity to develop as a specialist with the skills and subject matter knowledge required to be an instructor and team leader for aviation activities. Activities include instructional techniques, aviation communication and meteorology.	4 weeks	Training Year 3+
Glider Pilot Training Course	The Glider Pilot Training Course is a six- or seven-week training program that results in successful candidates graduating with their Transport Canada Glider Pilot License	6-7 weeks	Training Year 3+ 16 years of age by 1 Sep of activity Additional requirements are detailed in CJCR Gp Order 8060-7
Power Pilot Training Course	The Power Pilot Training Course is a seven- week training program that results in successful candidates graduating with their Transport Canada Power Pilot License.	7 weeks	Training Year 4+ 17 years of age by 1 Sep of activity participation Additional requirements are detailed in CJCR Gp Order 8060-7

Introduction to Survival	The Introduction to Survival Course allows cadets to cultivate essential aircrew survival skills. Activities involve practical field training and navigation exercises to enhance survival proficiency.	2 weeks	Training Year 2+
Survival Instructor Course (SI)	Survival Instructor Course provides cadets an opportunity to develop as a specialist with the skills and subject matter knowledge required to perform the duties of The a Survival Instructor and team leader for aircrew survival activities. Activities include aircrew survival skills, team and solo survival exercises, aircrew survival exercise operations, instructional technique, and navigation by map and compass.	4 weeks	Training Year 3+